


**WISNIEW FINANCIAL GROUP**  
  
 Cell: 619.922.1529  
 Phone: 858.536.4143  
 Fax: 888.370.4910  
 Email: gwisniew@psfin.com

**Gregory J. Wisniew, MS, MBA, AIF**  
 CERTIFIED FINANCIAL PLANNER™ Professional  
 CA Insurance License #0c50022  
 11646 Via Santa Brisa, San Diego, CA 92131

**Pine Valley Store**  
 Serving the San Diego Back Country for over 70 years  
  
**619-473-8723**  
 P.O. BOX 578  
 Pine Valley, CA 91962  
 •Gas •Groceries  
 •Pizza •Adventure Pass  
 •Deli •Beer, Wine & Liquor



Our Lady of Light  
 Catholic Parish

## MOUNTAIN MESH

Providing High Speed Internet  
 To The Back Country Since 2006

**MICHAEL KIER • OWNER/OPERATOR**

**619-445-5302**

mike@mountainmesh.net  
 www.mountainmesh.net



Our Lady of Light  
 Catholic Parish

## A to Z PRINTING

*All Your Printing Needs*  
 Business Cards T-Shirts Books  
 Envelopes Coffee Mugs Brochures  
 Carbonless Forms Wedding Invitations Banners Graphic Design  
 Car Lettering Window Graphics

**TONY**  
 Sales Rep.

Tel: (619) 579-0646 www.atozprintingsd.com  
 Cell: (619) 277-9858 E-Mail: a2z2printing@yahoo.com  
 Fax: (619) 579-0539 1392 E. Main Street, El Cajon, CA 92021

## DESCANSO HAY and FEED

(619) 445-5464  
 Fax 445-1596  
**GORDON GAREWAL**  
 Cell (760) 455-0744

25077 Viejas Blvd., Descanso, CA 91916

Email: descansohay@aol.com



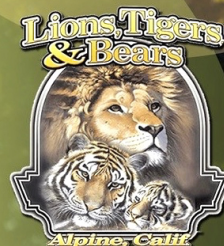
Our Lady of Light  
 Catholic Parish



**Fit4Me Training**

Becky Miller  
 Owner/Personal Trainer

www.fit4metraining.com  
 becky@fit4metraining.com  
 (619) 289-8833



**BIG CAT & EXOTIC ANIMAL RESCUE**

Call (619) 659-8078  
 www.lionstigersandbears.org

Come see the REAL king of the jungle  
 right here in San Diego!

WHERE EVERY  
 LIFE COUNTS.



**Monday - Friday**  
 8:00am - 5:00pm

**Saturday**  
 9:00am - 1:00pm

**(619) 443-0654**



## KOALA TREE CARE

**Joe Stoveken**  
 Certified Arborist

**619-473-1278**

Disease Diagnosis & Control • Top • Trim • Lace  
 Stump Grinding • Root Prune • Fertilize • Insured  
 St. Lic. #603496 • AG# 31415



Licensed/Insured  
 P.O. Box 413  
 Bonita, CA 91908



## FIREPROTEC

Weed • Brush • Tree  
 & Hauling Services

**619-961-6250**

**Ismael Hernandez**

h.maribel2002@gmail.com



Our Lady of Light  
 Catholic Parish

## Real Innovate

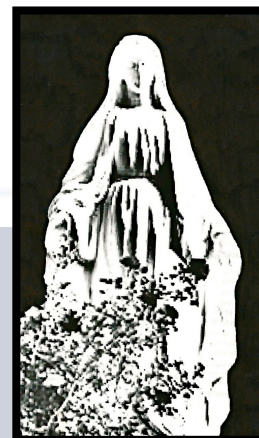
JoeStoveken@RealInnovate.com

Honest...Real...Innovative

Cell: (619) 995-6054 DRE 01707372  
 28857-B Hwy. 80  
 Pine Valley, CA 91962  
 "Serving All San Diego"  
 Residential / Commercial



Our Lady of Light  
 Catholic Parish



9136 Riverside Drive  
 Descanso, CA 91916  
 www.ourladyoflight.church

September 22, 2024  
Twenty-fifth Sunday  
in Ordinary Time



# Our Lady of Light

## Catholic Parish



"Let the Little Children Come unto Jesus"  
 Detail c. 1870  
 Carl Bloch

### Daily Mass

Weekdays at  
**8:00 AM**

### Vigil on Saturday

**5:30 PM**

### Sunday Mass

**8:00 AM and 10:00 AM**

### First Saturdays

**8:00 AM**

### Reconciliation

Thursdays during  
 Adoration,  
 Fridays following the  
 8:00 AM Mass,  
 Saturday, 4-5 PM,  
 or By Appointment

### Adoration/ Exposition

Thursdays following  
 8:00 AM Mass

### Divine Mercy Devotion

Fridays following  
 8:00 AM Mass

### Parish Office

Phone 619-445-3620  
 FAX 619-445-3621

E-Mail

office@ourladyoflight.church

Website

ourladyoflight.church

Office Hours

*The office is temporarily closed  
 for any scheduled hours*

### Our Pastor

Reverend Enrique Fuentes  
 Phone 619-445-3620

Emergency 619-445-4972

E-Mail

rfuentes@ourladyoflight.church

### Baptism & Marriage

Contact Father Rick

### R.C.I.A.

Contact Father Rick

### CYM Classes

Contact Father Rick

The mission of  
*Our Lady of Light Church*,  
 is to provide an amicable  
 environment of Catholic worship,  
 education, evangelization and  
 service, to all of God's people.  
 Together we strive to be  
 instruments of God's love,  
 peace, and joy,  
 following the example of  
*Our Lady of Light*.



*There are many terrific  
 opportunities within our  
 family of faith, to Love,  
 Grow & Serve. Please  
 see our lists of Activities,  
 Organizations, & Events,  
 inside this bulletin!*





## Fall Campaign

**September 25 - November 3**  
7 AM - 7 PM

**Our Lady of Light Parish**

has adopted  
**TUESDAYS**

as our day to pray and stand in  
Peaceful Vigil in the public right-of-way  
outside Planned Parenthood located at  
1685 E. Main St., El Cajon

**If you are interested in  
participating, please sign up in  
the back of the church.**

Donating an hour of your time and  
presence during this campaign  
will help promote a  
Culture of Life.

Contact Pat Hansen  
hansenpat@msn.com  
for more information.

## Please!

### Remember in your prayers

Liz Sjoquist, Annette Musco,  
Paul Colwell, Jan Nasland, Renee,  
Pat Schumacher, Betty Ward,  
Mike Delvac, Dee Upham, Jamie  
Lenore, Fr. Rick, Joanie LaRocque  
Susan Lancaster, Ernie Franks,  
Justin & Stephina, Debbie Ek &  
Dorsey, and Stephen Acosta.



### Pray for the repose of these souls

Charity Bonds,  
Dottie Sparks,  
Butch Paddock,  
Debbie Benson,  
Jack Davidson,  
and Dorothy Werner.

## Mass Intentions for This Week

**Saturday, September 21 Vigil Mass**

5:30 PM Simon Mattar, Birthday Blessings

**Sunday, September 22 Twenty-fifth Sunday  
in Ordinary Time**

8:00 AM Parishioners and Benefactors

10:00 AM Dorothy Werner, RIP

**Monday, September 23 St. Pius of Pietrelcina, Priest**

8:00 AM **No Mass**

**Tuesday, September 24**

8:00 AM **No Mass**

**Wednesday, September 25**

8:00 AM **No Mass**

**Thursday, September 26 Sts. Cosmas & Damian, Martyrs**

8:00 AM **No Mass**

**Friday, September 27 St. Vincent de Paul, Priest**

8:00 AM **No Mass**



**Pope's Intention:** For the cry of the earth. We pray that  
each one of us will hear and take to heart the cry of the  
Earth and of victims of natural disasters and climactic  
change, and that all will undertake to personally care for  
the world in which we live.

## Organizations & Contact Info

**Altar & Rosary Society** Meetings; 2nd Thursday of each Month  
Charlene Phelps [9933char@gmail.com](mailto:9933char@gmail.com) 619-659-0488

**Prayer Circle**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Mass Intentions & Bulletin**  
Robin Shull [rkshull54@gmail.com](mailto:rkshull54@gmail.com) 619-473-1086

**Religious Education Coordinator**  
Irma Nystrom [irmanystrom177@gmail.com](mailto:irmanystrom177@gmail.com) 619-466-1230

**Pro-Life Ministry "40 Days for Life"**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Finance Council**  
Mark Duda [mark@ourladyoflight.church](mailto:mark@ourladyoflight.church) 619-722-4300

## Parish Office Hours

Please note that the Parish Office is temporarily closed for scheduled hours. If  
you have an emergency and need a priest, please call Fr. Rick at  
619-445-4972. Otherwise you may leave a message at 619-445-3620 or  
contact us by email at [office@ourladyoflight.church](mailto:office@ourladyoflight.church). You may continue to use  
the mail slot up in the Parish Hall to the right of the main double doors, under  
the OFFICE sign.



## Catholic Youth Ministry

*Hello to all Parents and  
Grandparents!*

*CYM/CCD begins on Sunday,  
October 6 at 9 AM*

*I'm looking forward to working  
with all of our children and  
grandchildren. I want all children  
to feel God's love in their hearts, to  
know he is always with us to listen  
to our prayers. We will be learning  
about Jesus when he was growing  
up, stories in the Bible, what is the  
Gospel? Simply put the good news  
and the good news is that God, our  
creator of the heavens and the  
universe, is good and desires to  
have a personal relationship with  
each one of us. The children can  
learn how to form a personal  
relationship with Jesus. We must  
all share the good news with others  
and our own children.*

*God Bless you  
and all of Our Children,  
-Irma Nystrom*

## Parish Offerings September 15

Plate Collections	\$	342
Envelope Tithes	\$	740
Coffee & Donuts	\$	5
Donations (Restricted)	\$	0
Building Fund (Restricted)	\$	0
Total	\$	1,087
Average Weekly Operating Expenses	\$	3,215

**Please note that the Building  
Funds cannot be used towards  
Operating Expenses.**

## The Latest Topics!



### \*Mission Appeal...Thank you!

We would like to thank Rev. Pradeep Puthenveetil  
of the Order of the Most Holy Trinity and of the Captives. He asked  
for our prayers and financial assistance for the daily care of the  
residents at St. Simon de Rojas Mercy Home, in Thrissur, India.  
This home provides comfort and care to the homeless. He thanks  
you for your generosity and support. Fr. Pradeep enjoyed his visit to  
our little mountain parish and we would like to thank him for filling in  
for Fr. Rick during his absence. If you have not returned your  
Mission Appeal envelope, you may do so until the end of this  
month. Just place it in the collection basket or Parish hall mailbox.

### \*CYM/CCD...Register now!!!

Registration for the 2024-25 school year is currently underway.  
Registration forms are available in the back of the church. Classes  
begin Sunday, October 6. Contact Irma Nystrom with questions.

### \*40 Days for Life...Fall Campaign

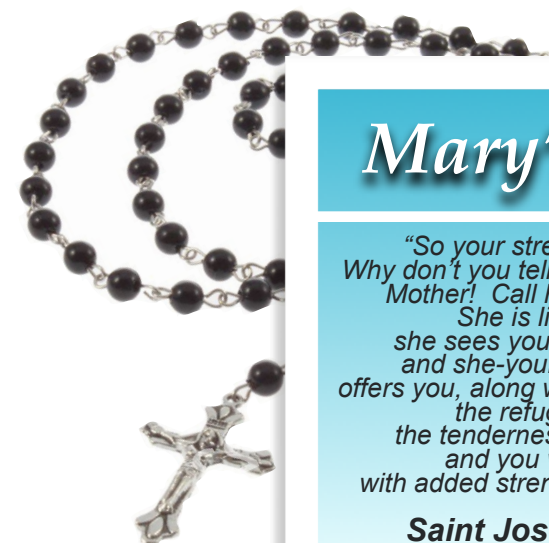
Save the date: Tuesday, September 24th for our Opening  
Ceremony at 6 PM on the sidewalk at 1625 E. Main in El Cajon for  
the Fall Campaign. If you are unable to take part in our peaceful  
prayerful vigils on the sidewalk, please consider signing up for an  
hour of dedicated prayer of Eucharistic Adoration to help defeat the  
evil of abortion. Sign-up sheets for a dedicated hour of Eucharistic  
Adoration prayer are at the back of the church, along with signup  
sheets for sidewalk participation. Eucharistic Adoration at Our Lady  
of Light takes place every Thursday after the 8 AM Mass. With  
sincere hearts and dedicated prayer, the evil of abortion will one  
day be unthinkable.

### \*BBQ Reimbursements

If you need to be reimbursed for items you purchased in regards to  
this year's BBQ, please contact Robin Shull for a form.

### \*Scarecrow Fair at Chapel of the Hills

This fall fair takes place on Saturday, October 5, from 11-3 PM at  
the Quonset Hut (near Raintree Market) in Descanso. Enter your  
DIY scarecrow to win a prize! Enjoy food, entertainment, games  
and vendors! More info Email: [chapelofthehillscumc@gmail.com](mailto:chapelofthehillscumc@gmail.com) or  
call (619) 445-3617.



## Mary's Corner

*"So your strength is failing you?  
Why don't you tell your mother about it?...  
Mother! Call her with a loud voice.  
She is listening to you;  
she sees you in danger, perhaps,  
and she-your holy mother Mary-  
offers you, along with the grace of her son,  
the refuge of her arms,  
the tenderness of her embrace...  
and you will find yourself  
with added strength for the new battle."*

**Saint Josemaria Escriva**