

March 22, 2020 The Fourth Sunday of Lent





Mass Schedule

Monday through Saturday Saturday Vigil 8:00 AM and 10:00 AM <u>Holy Days of Obligation</u> As Announced

Reconciliation

Confessions 4:00 PM to 5:00 PM Wednesdav Following 8:00 AM Mass 7:10 PM to 7:50 PM

Benediction/Exposition

7:00 PM to 8:00 PM **First Friday** 7:00 PM to 8:00 PM

Divine Mercy Devotion

Follows 8:00 AM Mass

Our Lady of Fatima Devotion

First Saturday Follows 8:00 AM Mass

Our Lady of Perpetual Help Devotion

Follows 8:00 AM Mass

Parish Office

Phone 619-445-3620 FAX 619-445-3621 E-Mail office@ourladyoflight.church **Website** ourladyoflight.church Hours Monday, Wednesday, & Friday 9:30 AM-1:00 PM

Our Pastor Reverend Steven Larion

619-445-3620 Phone E-Mail frsteven@ourladyoflight.church

Baptism & Marriage Contact Father Steven

R.C.I.A. Contact Father Steven

CYM Classes Contact Gloria White Phone 619-672-1637

The mission of

Our Lady of Light Church, is to provide an amicable environment of Catholic worship, education, evangelization and service, to all of God's people. Together we strive to be instruments of God's love, peace, and joy, following the example of Our Lady of Light.



Laborers Needed God's Work. **Our Hands.**

Spring is close at hand, and there are many projects around the Parish grounds in need of laborers. Please contact the office or Fr. Steven if you'd like to help serve our Parish Family, or know of someone looking for work. Thank you!

Mass Intentions for This Week

Saturday, March 21	Vigil Mass	_
<u>5:30 PM</u>	Catherine Naoko Wu, Prayers & Peace	
Sunday, March 22	The Fourth Sunday of Lent Lætare Sunday	
<u>8:00 AM</u>	Frances Zetts & Family, Prayers	_
<u>10:00 AM</u>	Gus Nystrom, RIP	
Monday, March 23 <u>8:00 AM</u>	St. Turibius of Mogrovejo, Bishop Kloey, Prayers & Healing	
Tuesday, March 24	. A	
<u>8:00 AM</u>	Parishioners & Benefactors	SG
Wednesday, March 2 8:00 AM	5 The Annunciation of the Lord Jaime Lenore, Prayers	
Thursday, March 26		000
<u>8:00 AM</u>	Karsen Beron, Prayers	5
Friday, March 27		_
<u>8:00 AM</u>	Sr. Margaret Spence, Prayers	
Saturday, March 28 <u>8:00 AM</u>	Transformation of the Church	

Please!

Remember in your prayers

Jaime Lenore, Gloria Gaddis, Chris Dunn, Alice, Leon Bullock, Jean Hosenkamp, Kloey, BeaAnn Holkesvig, Cancer Patients & their Families, Frances Zetts & Family, Karsen Beron, Liz Sjoquist, Cathy Oberreuter, Braley, Annette Musco, Charlie Smith, and Irma Preciado & Family.

Pray for the repose of these souls

Linda Duke, Rudy Escobar, and Lynda Lenore.

Altar & Rosary Society Charlene Phelps	Meetings; 2nd Thursday each Mo 9933char@gmail.com 619-65				
Prayer Circle Pat Hansen	hansenpat@msn.com	619-445-3822			
Catholic Youth Ministry Classes; every Sunday during School Year, 9AM					
Gloria White	gloria@ourladyoflight.church				
<i>Girls' Club</i> Cathy Williams	claimcathy@hotmail.com	619-955-3597			
<i>Our Ladies of Light</i> Cathy Williams Lillian Rodriguez	claimcathy@hotmail.com vida4u53@yahoo.com	619-955-3597 619-895-3723			
The Men of Light Parish Office	office@ourladyoflight.church	619-445-3620			
Gus' Mission to Help Homeless					
Irma Nystrom	irmanystrom177@gmail.com	619-466-1230			
Pro-Life Ministry (40 Days for Life)					
Pat Hansen	hansenpat@msn.com	619-445-3822			
Rachel's Hope After Abortion Healing <u>www.rachelshope.org</u>					

Organizations & Contact Info

A Journey through LENT

During this past week, events and current information regarding the COVID-19 virus have been moving faster than most of us are able to navigate. We at Our Lady of Light *Parish* are doing our best to keep you abreast on how the latest news affects our Church Family. Public Masses, the Soup Suppers as well as the Women's Lenten Retreat are CANCELLED. Keep checking in frequently with the directives from the Bishop, which can be found online at: https://www.sdcatholic.org

Please stay in communication with each other. Remember, this is an opportunity to help our fellow parishioners in need. It is also very important to focus on individual prayer and trust in Jesus Christ, throughout this extremely unique Lenten Season. May you all stay in good health. Have Faith, God Wins!

Here is the current Diocese policy: All Communal Reconciliation Services should be canceled because they involve significant crowds.

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PENANCE

SERVICES

The Individual celebration of the Sacrament should continue, and even be expanded to reflect the spiritual anxieties people are feeling at this time.

RECONCILIATION AT OUR LADY OF LIGHT

<u>Saturday</u>	4 PM to 5 PM				
Thursday	7:10 PM to 7:50 PM				
or by appointment					

All classes have been suspended until further notice at the direction of Bishop McElroy due to COVID-19. We encourage you to continue the Lenten journey with your child at home. Magnificat and Magnifikid are offering free access to their online version of daily mass readings and devotions: Magnificat or En Español. Word of Fire Ministries also offer daily readings, reflections and many other free resources: Word on Fire or En Español. Remember the Lenten booklets the children received in class, as well as the booklets provided by the Altar and Rosary Society for adults, they are beautiful ways to spend 15 minutes each day with our Lord!

The Stations will continue Fridays through the season of Lent at 12:00 PM. If the weather permits, we will be outside to walk "The Way of the Cross" on our Parish property. Please remember to wear comfortable shoes. In case of inclement weather we will be inside the Church.

Catholic Inquiry, RCIA Adults who are already attending the RCIA program, we will meet Tuesday, March 24 at 6:30 PM in the Parish Hall. All others please contact Gloria White 619-672-1637, gloria@ourladyoflight.church . or the Parish Office for more information.

February 26 to April 5, from 7 AM - 7 PM Two weeks left for our Spring Campaign. Let's finish strong! Thank you to all who are persevering in love to stand for Life. There is still an opportunity to sign up for an hour to pray. Contact Pat Hansen for more information 619-445-3822 or hansenpat@msn.com

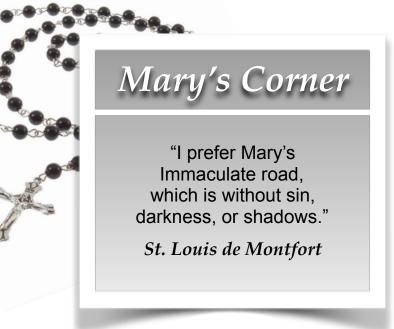
The Latest Topics!

Children's Religious Education

THANK YOU to everyone who participated in our Lenten Soup Supper last Saturday! In addition to the wonderful evening of fellowship and delicious food, we raised \$149 towards our donation to the Missionary Childhood Association.

Stations of the Cross

40 Days for Life Spring Campaign





TV Mass for the Homebound

Is someone you love unable to join us at church? For the faithful at home or in healthcare settings, the Heart of the Nation Sunday TV Mass, brings spiritual comfort and the blessings of joy-filled hope in our Savior.

Tune in to Catholic Mass on TV KFMB channel 8.2 (CW) at 8:30 AM or www.HeartoftheNation.org

The Pope's Prayer Intention for March

Catholics in China That the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



Parish Notes & Reminders

Mass Intentions

The 2020 calendar for Mass Intention requests is open. Please plan ahead if you have a specific date you would like to schedule.

Christian Literature and Library Books

A reminder that our literature rack has been moved to the Parish Hall. There is a wonderful collection of books to borrow on our library shelves as well. Remember to check out both resources often, as our selections do change throughout the year.

Laborers needed

Spring is close at hand, and there are many projects around the Parish grounds in need of laborers. Please contact the office or Fr. Steven if you'd like to help serve our Parish Family, or know of someone looking for extra work. Thank you!



The San Diego Diocese will be offering Sunday Mass in English, Spanish and Vietnamese, which will be broadcast in an online format. <u>The videos will be uploaded</u> every Saturday at 5 PM. Here's the address to the website:

https://www.sdcatholic.org/find-a-parish/online-sunday-mass/

Please be sure to contact each Parish for info about their previously scheduled events.

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February/March

	<u> </u>					020
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16† Sixth Sunday in Ordinary Time 8 AM Mass	17 8 AM Mass	18 <u>8 AM Mass</u> After 8 AM Mass Our Lady of Perpetual Help Devotion	19 <u>8 AM Mass</u> After 8 AM Mass Confessions	20 8 AM Mass	21 <u>8 AM Mass</u> After 8 AM Mass Divine Mercy Devotion	22 8 AM Mass
<u>9 AM</u> CYM <u>10 AM Mass</u>	<u>6 PM</u> Ladies of Light Bible Study	6:30 PM RCIA	9 AM Ladies of Light Bible Study	7 PM Benediction Exposition 7:10 - 7:50 PM Confessions		<u>4 - 5 PM</u> Confessions <u>5:30 PM</u> Vigil Mass
23 [†] Seventh Sunday in Ordinary Time <u>8 AM Mass</u>	24 8 AM Mass	25 <u>8 AM Mass</u> After 8 AM Mass Our Lady of Perpetual Help Devotion	ASH WEDNESDAY 8 AM Mass After 8 AM Mass Confessions	27 8 AM Mass	28 <u>8 AM Mass</u> After 8 AM Mass Divine Mercy Devotion	29 8 AM Mass
9 AM CYM 10 AM Mass		<	6:30 PM RCIA 7 PM Mass	7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	12 PM Stations of the Cross	4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper
1 t First Sunday of Lent 8 AM Mass	2 8 AM Mass	3 <u>8 AM Mass</u> <u>After 8 AM Mass</u> Our Lady of Perpetual Help Devotion	4 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of	5 8 AM Mass	FIRST FRIDAY <u>8 AM Mass</u> <u>After 8 AM Mass</u> Divine Mercy Devotion	FIRST SATURDA <u>8 AM Mass</u> <u>After 8 AM Mass</u> OLPH Devotion
<u>9 AM</u> CYM <u>10 AM Mass</u>	<u>6 PM</u> Ladies of Light Bible Study	<u>6:30 PM</u> RCIA	Light Bible Study	7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	12 PM Stations of the Cross 7 PM Benediction Exposition	4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper
8 t Second Sunday of Lent 8 AM Mass	9 <u>8 AM Mass</u>	10 <u>8 AM Mass</u> <u>After 8 AM Mass</u> Our Lady of Perpetual Help Devotion	11 <u>8 AM Mass</u> After 8 AM Mass Confessions 9 AM	12 <u>8 AM Mass</u> <u>5 PM</u> A & R Meeting	13 <u>8 AM Mass</u> <u>After 8 AM Mass</u> Divine Mercy Devotion	14 <u>8 AM Mass</u>
<u>9 AM</u> CYM <u>10 AM Mass</u>	<u>6 PM</u> Ladies of Light Bible Study	<u>6:30 PM</u> RCIA	Ladies of Light Coffee Connect	7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	12 PM Stations of the Cross	4 - 5 PM Confessions 5:30 PM Vigit Mass 6:30 PM Lenten Soup Supper
15 Third Sunday of Lent <u>8 AM Mass</u>	16 <u>8 AM Mass</u>	17 <u>8 AM Mass</u> <u>After 8 AM Mass</u> Our Lady of Perpetual Help Devotion	18 <u>8 AM Mass</u> <u>After 8 AM Mass</u> Confessions	19 <u>8 AM Mass</u>	20 <u>8 AM Mass</u> After 8 AM Mass Divine Mercy Devotion	21 <u>8 AM Mass</u> <u>8 AM</u> Women's Lenten Retreat
9 AM CYM Stations of the Cross 10 AM Mass	<u>6 PM</u> Ladies of Light Bible Study	6:30 PM RCIA		7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	12 PM Stations of the Cross	4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper

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