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 irmanystrom177@gmail.com
 Our Lady of Light Catholic Church reaching out to others

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Monday - Friday
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 10830 Highway 67, Lakeside, CA 92040

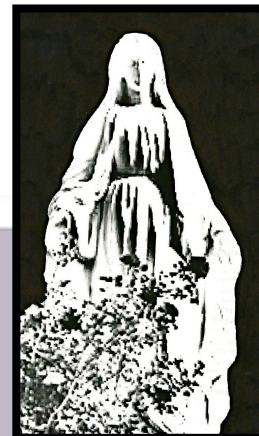

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March 1, 2020
The First Sunday
of Lent



Our Lady of Light Catholic Parish

9136 Riverside Drive
 Descanso, CA 91916
 www.ourladyoflight.church



Christ Carrying the Cross
 Detail, c. 1508 -1509
 Titian (and/or Giorgione)

There are many terrific opportunities within our family of faith, to Love, Grow & Serve. Please see our lists of Activities, Organizations, & Events, inside this bulletin!

Mass Schedule

Daily
 Monday through Saturday
 8:00 AM
Weekend
 Saturday Vigil
 5:30 PM
 Sunday
 8:00 AM and 10:00 AM
Holy Days of Obligation
 As Announced

Reconciliation

Confessions
 Saturday
 4:00 PM to 5:00 PM
 Wednesday
 Following 8:00 AM Mass
 Thursday
 7:10 PM to 7:50 PM

Benediction/Exposition

Thursday
 7:00 PM to 8:00 PM
 First Friday
 7:00 PM to 8:00 PM

Divine Mercy Devotion

Friday
 Follows 8:00 AM Mass

Our Lady of Fatima Devotion

First Saturday
 Follows 8:00 AM Mass

Our Lady of Perpetual Help Devotion

Tuesday
 Follows 8:00 AM Mass

Parish Office

Phone 619-445-3620
 FAX 619-445-3621
 E-Mail
 office@ourladyoflight.church
 Website
 ourladyoflight.church
 Hours
 Monday, Wednesday & Friday
 9:30 AM-1:00 PM

Our Pastor

Reverend Steven Larion
 Phone 619-445-3620
 E-Mail
 frsteven@ourladyoflight.church

Baptism & Marriage

Contact Father Steven

R.C.I.A.

Contact Father Steven

CYM Classes

Contact Gloria White
 Phone 619-672-1637

The mission of *Our Lady of Light Church*, is to provide an amicable environment of Catholic worship, education, evangelization and service, to all of God's people. Together we strive to be instruments of God's love, peace, and joy, following the example of *Our Lady of Light*.



Lenten SOUP SUPPERS

Our simple meal of homemade soup and bread will be served
Saturday Evenings
following the 5:30 PM Masses

Provided by

March 7	Our Ladies of Light
March 14	CYM
March 21	Lectors
March 28	Men's Chili Cook-off

Come Join Us!

Mass Intentions for This Week

Saturday, February 29 Vigil Mass

5:30 PM Ellen Rosemary Moody, RIP

Sunday, March 1 The First Sunday of Lent

8:00 AM Maureen Anderson, RIP
and Family, Prayers

10:00 AM Richard Berardi & Richard Stokes, Prayers

Monday, March 2

8:00 AM Parishioners & Benefactors

Tuesday, March 3 St. Katharine Drexel, Virgin

8:00 AM The Tucker Family, Prayers

Wednesday, March 4 St. Casimir

8:00 AM Casimir Czlupinski, RIP

Thursday, March 5

8:00 AM Monica Kubiak, Prayers

Friday, March 6

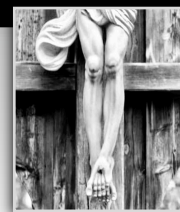
8:00 AM Jessie Anaya, RIP

Saturday, March 7 Sts. Perpetua & Felicity, Martyrs

8:00 AM Maria & Adam Stojanowski, RIP



Upcoming Events



Women's Lenten Retreat

"Women at the Foot of the Cross"

Saturday, March 21

Our Lady of Light Parish

Guest Speaker

Rev. Steven Larion

Mass, Reconciliation and Adoration
Breakfast and Lunch Included

Limited Seating

Registration Forms online and
in the rear of the Church
\$20 before 3/14 • \$25 after 3/14

Contact Lillian Rodriguez
619-895-3723

The Latest Topics!

Stations of the Cross

The Stations of the Cross continue every Friday through the season of Lent at 12:00 PM. If the weather permits, we will be outside to prayerfully walk "The Way of the Cross" on our parish property. Please remember to wear comfortable shoes.

Catholic Inquiry, RCIA

The topic for this week will be "The 10 Commandments". Meet us in the Parish Hall on Tuesday, March 3 at 6:30 PM. All are welcome.

Children's Religious Education

During Lent, all children are encouraged to use their "tithe boxes" to collect coins for donation to the Missionary Childhood Association, "Children Helping Children". Pennies count!

40 Days for Life Spring Campaign

February 26 to April 5
7 AM - 7 PM

Thank you to all who attended the Opening Ceremony. Our Lady of Light Parish was well represented. It is not too late to sign up for an hour of prayer on Tuesdays. We pray in Peaceful Vigil in the public right-of-way outside the Planned Parenthood facility, located at 1685 E. Main St., El Cajon. For more information please contact Pat Hansen at 619-445-3822, hansenpat@msn.com or www.40daysforlife.com/elcajon

Descanso Town Hall Pancake Breakfast

Parishioners from Our Lady of Light will be preparing and serving the monthly breakfast at the Descanso Town Hall next Sunday, March 8, 8:30 AM to 11:30 AM. We are in need of a few more participants. If you can help, contact secretary@descansotownhall.org

Lent, the season of Fasting, Prayers, and Almsgiving!

Please!

Remember in your prayers

Gloria Gaddis, Ben Aguirre,
Erika Pusey, BeaAnn Holkesvig,
Karsen Beron, Liz Sjoquist,
Cathy Oberreuter, Leon Bullock,
Annette Musco, Charlie Smith,
Chris Dunn, Irma Preciado &
Family, Alice, and Joni Scherrer.

Pray for the repose of these souls

Tom Dyke,
Linda Duke,
Lynda Lenore,
Allison Affeldt,
and all victims of suicide.



Organizations & Contact Info

Altar & Rosary Society Meetings; 2nd Thursday each Month, 5 PM
Charlene Phelps 9933char@gmail.com 619-659-0488

Prayer Circle
Pat Hansen hansenpat@msn.com 619-445-3822

Catholic Youth Ministry Classes; every Sunday during School Year, 9AM
Gloria White gloria@ourladyoflight.church 619-672-1637

Girls' Club
Cathy Williams claimcathy@hotmail.com 619-955-3597

Our Ladies of Light
Cathy Williams claimcathy@hotmail.com 619-955-3597
Lillian Rodriguez vida4u53@yahoo.com 619-895-3723

The Men of Light
Parish Office office@ourladyoflight.church 619-445-3620

Gus' Mission to Help Homeless
Irma Nystrom irmanystrom177@gmail.com 619-466-1230

Pro-Life Ministry (40 Days for Life)
Pat Hansen hansenpat@msn.com 619-445-3822

Rachel's Hope After Abortion Healing
www.rachelshope.org

Lent PENANCE SERVICES



ST. THERESE

MONDAY 3/2 7 PM

ST. JOHN OF THE CROSS

WEDNESDAY 3/11 7 PM

ST. MARTIN OF TOURS

MONDAY 3/16 7 PM

ST. KATERI TEKAKWITHA

TUESDAY 3/17 7 PM

OUR LADY OF LIGHT

Saturday 4 PM to 5 PM

Wednesday Following 8 AM Mass

Thursday 7:10 PM to 7:50 PM

Mary's Corner

"Mary is like Noah's Ark,
bringing her followers
safely through
the flood waters of sin."

St. Louis de Montfort





TV Mass for the Homebound

Is someone you love unable to join us at church? For the faithful at home or in healthcare settings, the Heart of the Nation Sunday TV Mass, brings spiritual comfort and the blessings of joy-filled hope in our Savior.

Tune in to Catholic Mass on TV
KFMB channel 8.2 (CW)
at 8:30 AM or
www.HeartoftheNation.org

Parish Notes & Reminders

Mass Intentions

The 2020 calendar for Mass Intention requests is open. Please plan ahead if you have a specific date you would like to schedule.

Christian Literature and Library Books

A reminder that our literature rack has been moved into the Parish Hall. There is a wonderful collection of books to borrow on our library shelves as well. Remember to check out both resources often, as our selections do change throughout the year.



Palm Sunday is April 5
Easter Sunday is April 12

Local Catholic Events

St. Patrick's Day Celebration

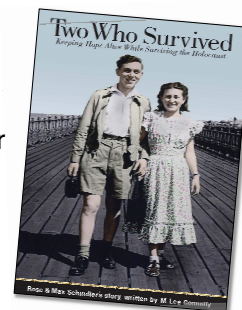
The 38th Annual Emerald Ball will be Saturday, Mar 14 at 6:00 PM. The family friendly party sponsored by St. Elizabeth of Hungary Church offers corned beef and cabbage, homemade desserts, entertainment, dancing and door prizes for a modest donation. Tickets must be purchased or reserved in advance since this popular event usually sells out well in advance and won't be available at the door. This year entertainment will be provided by "A Journey through Music: DJ Enterprises". The Emerald Ball is a down to earth occasion to relax with friends and neighbors to celebrate the Irish in us all. For tickets and more information call 760-765-0613. Tickets: \$20 Adults, \$5 Children under five. BYOB

Marriage Encounter

You deserve a Worldwide Marriage Encounter Experience! You attend seminars to learn new skills to improve your career and work opportunities, right? Why not dedicate one weekend to enhance your most important relationship...with your spouse! One weekend can truly change your life! The next Weekend Experiences are March 20-22 or May 29-31, starting at 8:00 PM Friday and ending at 4:00 PM Sunday. Meals and lodging are provided. There is a \$125 application fee and a voluntary donation requested at the end of the weekend. To register go to: www.wmme-sandiego.org or www.wmme.org or call: 760-659-9102

Rose Schindler Speaks at Our Lady of Grace Catholic Parish

Come listen to Rose Schindler, Holocaust Survivor & Educator, as she speaks about keeping hope alive while surviving the Holocaust. Tuesday, March 31 at 7:00 PM to 8:15 PM at Our Lady of Grace Church, located at 2766 Navajo Road, El Cajon.



The Pope's Prayer Intention for March

Catholics in China
That the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



Lenten SOUP SUPPERS

Our delicious soup suppers
will be served
Saturday Evenings
following the 5:30 PM Masses

Provided by

March 7	Our Ladies of Light
March 14	CYM
March 21	Lectors
March 28	Men's Chili Cook-off

2020	February/March					2020
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16† Sixth Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	17 8 AM Mass 6 PM Ladies of Light Bible Study	18 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	19 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Bible Study	20 8 AM Mass 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	21 8 AM Mass After 8 AM Mass Divine Mercy Devotion	22 8 AM Mass 4 - 5 PM Confessions 5:30 PM Vigil Mass
23† Seventh Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	24 8 AM Mass	25 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion	26† ASH WEDNESDAY 8 AM Mass After 8 AM Mass Confessions 6:30 PM RCIA 7 PM Mass	27 8 AM Mass 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	28 8 AM Mass After 8 AM Mass Divine Mercy Devotion 12 PM Stations of the Cross	29 8 AM Mass 4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper
1 † First Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	2 8 AM Mass 6 PM Ladies of Light Bible Study	3 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	4 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Bible Study	5 8 AM Mass 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	6 FIRST FRIDAY 8 AM Mass After 8 AM Mass Divine Mercy Devotion 12 PM Stations of the Cross 7 PM Benediction Exposition	7 FIRST SATURDAY 8 AM Mass After 8 AM Mass OLPH Devotion 4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper
8 † Second Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	9 8 AM Mass 6 PM Ladies of Light Bible Study	10 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	11 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Coffee Connect	12 8 AM Mass 5 PM A & R Meeting 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	13 8 AM Mass After 8 AM Mass Divine Mercy Devotion 12 PM Stations of the Cross	14 8 AM Mass 4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper
15† Third Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	16 8 AM Mass 6 PM Ladies of Light Bible Study	17 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	18 8 AM Mass After 8 AM Mass Confessions	19 8 AM Mass 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	20 8 AM Mass After 8 AM Mass Divine Mercy Devotion 12 PM Stations of the Cross	21 8 AM Mass 8 AM Women's Lenten Retreat 4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Lenten Soup Supper