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 Our Lady of Light Catholic Church reaching out to others

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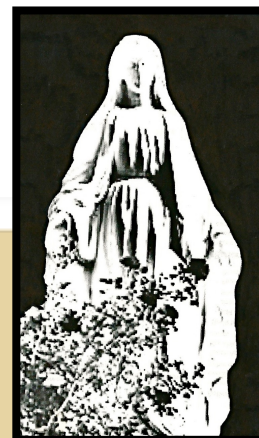
  
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February 2, 2020  
**The Presentation**  
**of the Lord**



# Our Lady of Light Catholic Parish

9136 Riverside Drive  
 Descanso, CA 91916  
 www.ourladyoflight.church



*Presentation in the Temple  
 (Anna & Simeon with Jesus)  
 Detail, Unknown Year & Artist*

## Mass Schedule

**Daily**  
 Monday through Saturday  
 8:00 AM  
**Weekend**  
 Saturday Vigil  
 5:30 PM  
 Sunday  
 8:00 AM and 10:00 AM  
**Holy Days of Obligation**  
 As Announced

## Reconciliation

**Confessions**  
 Saturday  
 4:00 PM to 5:00 PM  
 Wednesday  
 Following 8:00 AM Mass  
 Thursday  
 7:10 PM to 7:50 PM

## Benediction/Exposition

Thursday  
 7:00 PM to 8:00 PM  
 First Friday  
 7:00 PM to 8:00 PM

## Divine Mercy Devotion

Friday  
 Follows 8:00 AM Mass

## Our Lady of Fatima Devotion

First Saturday  
 Follows 8:00 AM Mass

## Our Lady of Perpetual Help Devotion

Tuesday  
 Follows 8:00 AM Mass

## Parish Office

Phone 619-445-3620  
 FAX 619-445-3621  
 E-Mail  
 office@ourladyoflight.church  
 Website  
 ourladyoflight.church  
 Hours  
 Monday, Wednesday & Friday  
 9:30 AM-1:00 PM

## Our Pastor

Reverend Steven Larion  
 Phone 619-445-3620  
 E-Mail  
 frsteven@ourladyoflight.church

## Baptism & Marriage

Contact Father Steven

## R.C.I.A.

Contact Father Steven

## CYM Classes

Contact Gloria White  
 Phone 619-672-1637

The mission of  
*Our Lady of Light Church,*  
 is to provide an amicable  
 environment of Catholic worship,  
 education, evangelization and  
 service, to all of God's people.  
 Together we strive to be  
 instruments of God's love,  
 peace, and joy,  
 following the example of  
*Our Lady of Light.*

*There are many terrific  
 opportunities within our  
 family of faith, to Love,  
 Grow & Serve. Please  
 see our lists of Activities,  
 Organizations, & Events,  
 inside this bulletin!*



# 40 DAYS FOR LIFE

**Spring Campaign**  
**February 26 to April 5**  
**7 AM - 7 PM**

*Our Lady of Light Parish*

has adopted

**TUESDAYS**

as our day to pray and stand  
in Peaceful Vigil at the local  
Planned Parenthood.

(1685 E. Main St., El Cajon)

**Opening**

**Candlelight Ceremony**

Tuesday, February 25 at 6:30 PM  
meet at Family Practice Associates  
(1625 E. Main St., El Cajon next to Albertsons)

**Contact Pat Hansen**  
[hansenpat@msn.com](mailto:hansenpat@msn.com)

## Mass Intentions for This Week

**Saturday, February 1 Vigil Mass**

5:30 PM Kathy Omsberg, RIP

**Sunday, February 2 The Presentation of the Lord**

8:00 AM Curtis & Lori Schlumpberger

Happy Anniversary

10:00 AM Richard Berardi & Richard Stokes, Prayers

**Monday, February 3 St. Blaise, Bishop & Martyr**

8:00 AM Parishioners & Benefactors

**Tuesday, February 4**

8:00 AM The Tucker Family, Prayers

**Wednesday, February 5 St. Agatha, Virgin & Martyr**

8:00 AM Phyllis Kubiak, Healing

**Thursday, February 6 St. Paul Miki & Companions, Martyrs**

8:00 AM Therese & Sanjay, Prayers

**Friday, February 7 FIRST FRIDAY**

8:00 AM Dominic Stojanowski, RIP

**Saturday, February 8 St. Jerome Emiliani**

St. Josephine Bakhita, Virgin

8:00 AM Carol & Jeff, Prayers



## Upcoming Events

### Spaghetti Dinner Fundraiser



**Saturday February 15**

following the

**5:30 PM Mass**

**Everyone is invited!**

Sponsored by

*Our  
Ladies of Light*

## The Latest Topics!

### **The Blessing of Throats, Monday February 3**

In memory of St. Blaise, whose memorial is Monday, the Blessing of Throats will take place during the 8 AM Mass. Fr. Steven will be saying this prayer of blessing: *Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness: in the name of the Father and of the Son, and of the Holy Spirit.*

### **Catholic Inquiry, RCIA**

We ALL need healing, and Our Lord Jesus Christ is the "physician of our bodies and souls". Join us as Father Steven explains the Sacraments of Healing; Confession and Anointing of the Sick, this Tuesday, February 4 at 6:30 PM in the Parish Hall. All are welcome!

### **Women's Bible Study**

The Ladies of Light Bible Study groups invite you to join them in attending "Hallelujah Anyway", on Tuesday, February 11 at 7:00 PM, or Wednesday, February 12 at 10:00 AM. This event will be held at the Church of St. Timothy in Escondido. Anyone interested in car-pooling from Our Lady Of Light, please contact Cathy or Lillian. More info and registration online at: [walkingwithpurpose.com/events](http://walkingwithpurpose.com/events)

### **First Friday, February 7**

We encourage you to attend the special devotional services that are offered at *Our Lady of Light* during the First Friday of every month. Next Friday, there will be Benediction/Exposition from 7 PM to 8 PM.

### **A Thank You from Gus' Mission**

Dear Parishioners, I want to thank all of you for your thoughtfulness, gifts, and donations for the homeless during the holidays and all year long. It is very much appreciated. Thank You and God Bless, with Love, Irma.

### **Ash Wednesday & Stations of the Cross**

Lent begins Wednesday, February 26. Services will be at 8 AM and 7 PM. Ash Wednesday is a day of universal fast and abstinence in the church. Stations of the Cross begin Friday, February 28 at noon.

### **Lenten Meditation Booklets**

The Six-minute meditation booklets are available in the back of the church. Thank you to the Altar & Rosary Society. \$1 donation is suggested.

## Please!

### **Remember in your prayers**

Karsen Beron, Liz Sjoquist,  
Cathy Oberreuter, Tom Webb,  
Annette Musco, Laurie Thornton,  
a woman, the Alves family,  
Debbie Smith, Lenny Miller,  
Marshall, Guadalupe Dorothy,  
Leon Bullock, Tim Crowley,  
and Sarah Mitchell.

### **Pray for the repose of these souls**

Tom Dyke,  
Kyle Moore, Allen Alves,  
Bob Lopez, Allison Affeldt,  
and all victims of suicide.



## Organizations & Contact Info

**Altar & Rosary Society** Meetings; 2nd Thursday each Month, 5 PM  
Charlene Phelps [9933char@gmail.com](mailto:9933char@gmail.com) 619-659-0488

**Prayer Circle**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Catholic Youth Ministry** Classes; every Sunday during School Year, 9 AM  
Gloria White [gloria@ourladyoflight.church](mailto:gloria@ourladyoflight.church) 619-672-1637

**Girls' Club**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597

**Our Ladies of Light**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597  
Lillian Rodriguez [vida4u53@yahoo.com](mailto:vida4u53@yahoo.com) 619-895-3723

**The Men of Light**  
Parish Office [office@ourladyoflight.church](mailto:office@ourladyoflight.church) 619-445-3620

**Gus' Mission to Help Homeless**  
Irma Nystrom [irmanystrom177@gmail.com](mailto:irmanystrom177@gmail.com) 619-466-1230

**Pro-Life Ministry (40 Days for Life)**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Rachel's Hope After Abortion Healing**  
[www.rachelshope.org](http://www.rachelshope.org)



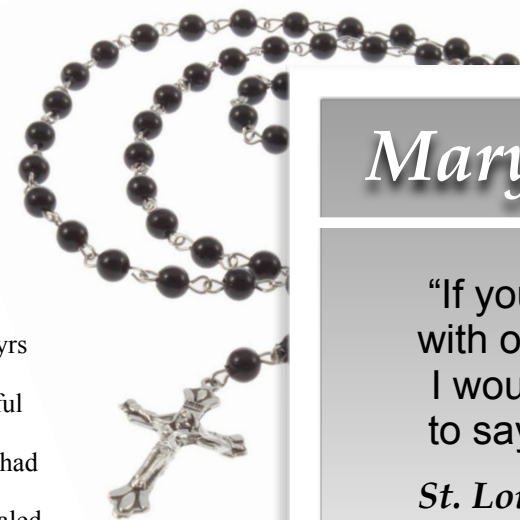
"I am your  
sheep; make  
me worthy  
to overcome  
the devil."

### **Saint Agatha of Sicily**

231 - 251

### **Feast Day February 5**

- One of the most highly venerated virgin martyrs of the Catholic Church
- From her very early years, the notably beautiful Agatha dedicated her life to God
- Sent to prison for her refusal to marry, as she had dedicated herself to a life of celibacy
- Tortured by many means but miraculously healed through a vision of St. Peter and his prayers
- Commonly featured in religious art with shears, tongs, or breasts on a plate



## Mary's Corner

"If you are a sinner  
with one foot in hell,  
I would advise you  
to say the Rosary."

**St. Louis de Montfort**



## TV Mass for the Homebound

Is someone you love unable to join us at church? For the faithful at home or in healthcare settings, the Heart of the Nation Sunday TV Mass, brings spiritual comfort and the blessings of joy-filled hope in our Savior.

Tune in to Catholic Mass on TV  
KFMB channel 8.2 (CW)  
at 8:30 AM or  
[www.HeartoftheNation.org](http://www.HeartoftheNation.org)

## Parish Notes & Reminders

### Mass Intentions

The 2020 calendar for Mass Intention requests is open. Please plan ahead if you have a specific date you would like to schedule.

### Christian Literature and Library Books

A reminder that our literature rack has been moved into the Parish Hall. There is a wonderful collection of books to borrow on our library shelves as well. Remember to check out both resources often, as our selections do change throughout the year.



**Ash Wednesday is February 26**  
**First Sunday of Lent is March 1**  
**Palm Sunday is April 5**  
**Easter Sunday is April 12**

## Local Catholic Events

### Father Joe's Villages Ladies Guild Presents

#### "THE QUEEN'S LUNCHEON"

Monday, February 17, 2020

Crowne Plaza Hotel

2270 Hotel Circle North, San Diego 92108 (Mission Valley)

10:45 AM Silent Auction, Preview & Social Hour

12:05 PM Entertainment, Luncheon & Drawing/Silent Auction

\$60 per person. Proceeds benefit children at Father Joe's Villages.

Reservations, donations, and information:

[connie.sherry@gmail.com](mailto:connie.sherry@gmail.com)

### One Day Women's Vocation Retreat

The Sister Servants of the Blessed Sacrament are inviting all young women (High School Seniors and older) to a vocational one day retreat at the SJS Provincial House in Bonita. This retreat will be on February 15, from 9 AM to 4 PM for women ages 17 to 35.

To register or for more information:

<https://usajs.org/become-a-sister/vocations-retreats/>

### Marriage Encounter

You deserve a Worldwide Marriage Encounter Experience! You attend seminars to learn new skills to improve your career and work opportunities, right? Why not dedicate one weekend to enhance your most important relationship...with your spouse! One weekend can truly change your life!

The next Weekend Experiences are March 20-22 or May 29-31, starting at 8:00 PM Friday and ending at 4:00 PM Sunday. Meals and lodging are provided. There is a \$125 application fee and a voluntary donation requested at the end of the weekend. To register go to: [www.wvme-sandiego.org](http://www.wvme-sandiego.org) or [www.wvme.org](http://www.wvme.org) or call: 760-659-9102

**CANCELLED**



2020

January/February

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>12<sup>†</sup></b> The Baptism of the Lord 8 AM Mass 9 AM CYM 10 AM Mass	<b>13</b> 8 AM Mass  6 PM Ladies of Light Bible Study	<b>14</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>15</b> 8 AM Mass After 8 AM Mass Confessions  9 AM Ladies of Light Bible Study	<b>16</b> 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>17</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion  4 PM Girls' Club	<b>18</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>19<sup>†</sup></b> Second Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	<b>20</b> 8 AM Mass  6 PM Ladies of Light Bible Study	<b>21</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>22</b> 8 AM Mass After 8 AM Mass Confessions  9 AM Ladies of Light Bible Study	<b>23</b> 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>24</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion  4 PM Girls' Club	<b>25</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>26<sup>†</sup></b> Third Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	<b>27</b> 8 AM Mass  6 PM Ladies of Light Bible Study	<b>28</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>29</b> 8 AM Mass After 8 AM Mass Confessions  9 AM Ladies of Light Coffee Connect	<b>30</b> 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>31</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion	<b>1<sup>†</sup></b> <b>FIRST SATURDAY</b> 8 AM Mass After 8 AM Mass OLPH Devotion  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>2<sup>†</sup></b> The Presentation of the Lord 8 AM Mass 9 AM CYM 10 AM Mass Blessing of Candles	<b>3</b> 8 AM Mass Blessing of Throats  6 PM Ladies of Light Bible Study	<b>4</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>5</b> 8 AM Mass After 8 AM Mass Confessions  9 AM Ladies of Light Bible Study	<b>6</b> 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>7<sup>†</sup></b> <b>FIRST FRIDAY</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion  7 PM Benediction Exposition	<b>8</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>9<sup>†</sup></b> Fifth Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	<b>10</b> 8 AM Mass	<b>11</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>12</b> 8 AM Mass After 8 AM Mass Confessions  9 AM Ladies of Light Bible Study	<b>13</b> 8 AM Mass  5 PM A & R Meeting 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>14</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion	<b>15</b> 8 AM Mass After 8 AM Mass OLPH Devotion 4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Our Ladies of Light Spaghetti Dinner Fundraiser