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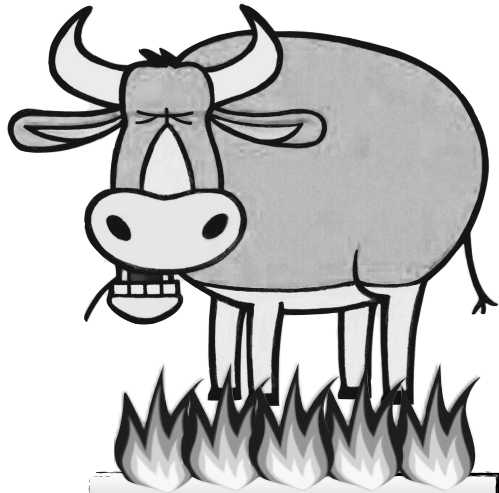
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# HOLY SMOKE

The **82**<sup>nd</sup> Time!



**YES!**

Only 70 more days until our  
DEEP PIT BBQ!

We need all able-bodied  
parishioners to volunteer!  
Please pray for guidance,  
as the sign up sheet will  
soon be in the hall.

## Please!

### Remember in your prayers

Nancy Shull, Chris Brinkley,  
Damon Poor, Gena Shull Eanni,  
Liz Williams, Cathy Oberreuter,  
Kelly Donovan, Malek, Ben, Bill  
Upham, Marilyn Short, Tish  
Berenes, Michael & Melissa  
Heinz, Dick Van Raaphorst,  
and John Michael.

### Pray for the repose of these souls

Jim Brink, Mary Barbour,  
Irma Pierce, Fernando Feliz,  
and Ed Ferguson.



## Mass Intentions for This Week

### Saturday, June 22

5:30 PM Ron (Shane) Schoenle, RIP

### Sunday, June 23 *Corpus Christi*

8:00 AM Altar & Rosary Society, VIV/RIP

10:00 AM Gus Nystrom, RIP

### Monday, June 24

8:00 AM Parishioners & Benefactors

### Tuesday, June 25

8:00 AM Gena Shull Eanni, Prayers

### Wednesday, June 26

8:00 AM Marilyn Kasperick, Thanksgiving

### Thursday, June 27

8:00 AM Dick Van Raaphorst, Healing

7:00 PM *Sacred Heart of Jesus Vigil Mass*  
Richard, Jean, and Tom Reese, RIP

### Friday, June 28 *Solemnity of The Most Sacred Heart of Jesus*

8:00 AM Kevin Gonzales, RIP

### Saturday, June 29

8:00 AM Jim Brink, RIP



## Upcoming Events

### VACATION BIBLE CAMP



**MARVELOUS MYSTERY**  
The Mass Comes Alive

**August 5 to August 9**

9AM to 12:30 PM

Registration Forms available  
in the Parish Hall & on our  
Parish website...for kids ages  
4 through 12! Registration fee is \$35  
for one child, \$25 each for 2 or more  
children in the same family.  
(tuition assistance available)

Contact Gloria White

## The Latest Topics!

### *Peter's Pence*

Today is the Peter's Pence Collection, a worldwide collection that supports the charitable works of Pope Francis. Funds from this collection help victims of war, oppression, and natural disasters. Take this opportunity to join with Pope Francis and be a witness of charity to our suffering brothers and sisters. Please be generous today. For more info, visit [www.usccb.org/peteres-penc](http://www.usccb.org/peteres-penc).

### *Solemnity of the Sacred Heart of Jesus*

Masses in observance of this very special Solemnity will be celebrated on Thursday evening at 7 PM or Friday morning at 8 AM.

### *RCIA*

There will be NO meetings for the remainder of June. Watch the bulletin for our next meeting in July!

### *Children's Religious Education*

Registration will be available soon for our next school year, which will begin September 22...stay tuned!

### *Sincere Thanks*

Thank you to all of our wonderful catechists who have donated so much time and passion to help our children grow in faith! Roger and Terry Seeman, Cathy and Alaise Williams, Victoria Hauner, and Larry Pustinger. You are truly appreciated!

### *THINK BBQ!!!!*

The behind the scenes preliminary BBQ work is already happening. For more information, please contact Charlene Phelps at [619-659-0488](tel:619-659-0488) or Susan Lancaster at [descansosue@gmail.com](mailto:descansosue@gmail.com).

### *A & R Society Dessert Booth at the Descanso Fair, July 6*

Bakers are needed to stock our Altar & Rosary Society's dessert booth at the Town Hall. Please contact Charlene Phelps at [619-659-0488](tel:619-659-0488), if you are willing to donate some baked goods.

### *33 Days to Morning Glory*

We are all called to be saints! This Consecration Retreat is the easiest and quickest way to become a saint. It's just one page a day for 33 Days. This Do-It-Yourself Retreat will transform your spiritual life! FREE copies of the pamphlet are at the entrance of the Church. Contact Chuck Donovan or Pat Hansen for more information.

## Organizations & Contact Info

**Altar & Rosary Society** Meetings; 2nd Thursday each Month, 5 PM  
Charlene Phelps [lapetiteponderosa@netzero.net](mailto:lapetiteponderosa@netzero.net) 619-659-0488

**Prayer Circle**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Catholic Youth Ministry** Classes; every Sunday during School Year, 9AM  
Gloria White [gloria@ourladyoflight.church](mailto:gloria@ourladyoflight.church) 619-672-1637

**Mountain Disciples**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597

**Our Ladies of Light**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597  
Lillian Rodriguez [vida4u53@yahoo.com](mailto:vida4u53@yahoo.com) 619-895-3723

**The Men of Light**  
Parish Office [office@ourladyoflight.church](mailto:office@ourladyoflight.church) 619-445-3620

**Gus' Mission to Help Homeless**  
Irma Nystrom [imanystrom177@gmail.com](mailto:imanystrom177@gmail.com) 619-466-1230

**Pro-Life Ministry (40 Days for Life)**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Rachel's Hope After Abortion Healing**  
[www.rachelshope.org](http://www.rachelshope.org)

**40 DAYS FOR LIFE™**

### Pro-Life Rummage Sale

Sunday, June 23, 2019

8 AM to 2 PM

Holy Trinity Church

Household Goods • Clothes • Tools • Jewelry  
All proceeds will go to 40 Days for Life, El Cajon  
CASH ONLY!

Come and support our efforts  
to end abortion!

[www.40daysforlife.com/elcajon](http://www.40daysforlife.com/elcajon)  
[40dayselcajon@gmail.com](mailto:40dayselcajon@gmail.com)

### The Pope's Intention

*The Mode of Life of Priests*

That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

## Mary's Corner

"Under the mantle  
of Mary  
even sinners  
obtain salvation."

*St. Alphonsus Ligouri*



Community News

Descanso Parade and Fair  
"A Blast from the Past!"  
July 6, 2019

Parade Starts at 9 AM

Fair from 11 AM to 6 PM  
at the Descanso Town Hall

Food • Beer • Wine • Vendors  
Kid Zone • Raffles & Drawings

Featuring  
"Get Grooving"  
Live Dance Band



Attention Pro-Lifers

We are very excited to have been selected to be one of 50 cities in the nation to partake in the *National Pro-life Bridges Day!* This special project is sponsored by Pro-Life Action League and will take place of **Friday June 28, 2019**. It will be the largest Pro-Life highway overpass outreach in history!

The premise of the project is simple. Using specially designed banners, small team of pro-life activists stationed on carefully selected highway overpasses in 50 American cities will reach over a million motorists with the pro-life message: **"Abortion takes a human life"** during rush hour traffic!

If you would like to be part of the Bridges Teams and get the truth about abortion out in a bold way, please let us know as soon as possible! Thank you and God bless you!

Contact: Bridges Leadership Team  
**Pat Hansen:** [hansenpat@msn.com](mailto:hansenpat@msn.com)  
Vicki Whitmire: [40dayselcajon@gmail.com](mailto:40dayselcajon@gmail.com)  
Debbie Bradel: [debbiebradel@gmail.com](mailto:debbiebradel@gmail.com)

Also, please pray for the success of this project and that commuters will see the truth, and hearts and minds will change.



Upcoming Events

The Ignatian Spirituality Project

Come join the Ignatian Spirituality Project (ISP) on Saturday, June 29, as we "Make a Joyful Noise" at a concert in support of our ministry to our brothers and sisters on the margins! We'll be gathering at 7 PM on June 29 at Cunnane Parish Center, Guardian Angels Catholic Church, 9310 Dalehurst Rd, Santee. All proceeds from this evening of song and fellowship will go to support ISP and its retreats for men and women emerging from homelessness and in recovery from addiction. You can register ahead of time at [tiny.cc/ispjoyful](http://tiny.cc/ispjoyful) (suggested ticket donation: \$10). For more information contact: [ispsandiego@gmail.com](mailto:ispsandiego@gmail.com).



Local Catholic Events

Worldwide Marriage Encounter

2019 San Diego Weekends:  
July 12-14, September 13-15, and November 15-17.  
Meals and lodging are provided. There is a \$75 application fee and a voluntary donation requested at the end of the weekend. For more info or to register, call (760)659-9102 [www.wwme-sandiego.org](http://www.wwme-sandiego.org) or [www.wwme.org](http://www.wwme.org)

Special Needs Family Camp

Whispering Winds is hosting a Special Needs Family Camp on July 26-28 for families with a child(ren) with developmental disabilities. Each family will receive \$300 off and additional scholarships are available. Treat yourself to a vacation in God's nature! Go to [whisperingwinds.org](http://whisperingwinds.org) to register.

2019

June/July

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>9 †</b> Pentecost Sunday 8 AM Mass 9 AM CYM 10 AM Mass	<b>10</b> Tenth Week in Ordinary Time 8 AM Mass	<b>11</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion  6:30 PM RCIA	<b>12</b> 8 AM Mass After 8 AM Mass Confessions	<b>13</b> 8 AM Mass 5 PM Altar & Rosary Meeting 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>14</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion	<b>15</b> 8 AM Mass After 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>16 †</b> The Most Holy Trinity Father's Day 8 AM Mass 9 AM CYM 10 AM Mass	<b>17</b> 8 AM Mass	<b>18</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion	<b>19</b> 8 AM Mass After 8 AM Mass Confessions	<b>20</b> 8 AM Mass  6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>21</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion	<b>22</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass 6:30 PM Katie Brown Benefit Dinner
<b>23 †</b> The Most Holy Body and Blood of Christ 8 AM Mass 9 AM CYM 10 AM Mass	<b>24</b> 8 AM Mass	<b>25</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion	<b>26</b> 8 AM Mass After 8 AM Mass Confessions	<b>27</b> 8 AM Mass  6 PM Ladies of Light Bible Study 7 PM Vigil Mass Most Sacred Heart of Jesus	<b>28 †</b> 8 AM Mass Solemnity of the Most Sacred Heart of Jesus After 8 AM Mass Divine Mercy Devotion	<b>29</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>30 †</b> 13th Week in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	<b>1</b> 8 AM Mass	<b>2</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion	<b>3</b> 8 AM Mass After 8 AM Mass Confessions	<b>4</b> Independence Day 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>5</b> FIRST FRIDAY 8 AM Mass After 8 AM Mass Divine Mercy Devotion 7 PM Benediction Exposition	<b>6</b> FIRST SATURDAY 8 AM Mass After 8 AM Mass OLPH Devotion 4 - 5 PM Confessions 5:30 PM Vigil Mass
<b>7 †</b> 14th Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	<b>8</b> 8 AM Mass	<b>9</b> 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion	<b>10</b> 8 AM Mass After 8 AM Mass Confessions	<b>11</b> 8 AM Mass  7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	<b>12</b> 8 AM Mass After 8 AM Mass Divine Mercy Devotion	<b>13</b> 8 AM Mass  4 - 5 PM Confessions 5:30 PM Vigil Mass