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irmanystrom177@gmail.com

Our Lady of Light Catholic Church reaching out to others

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**Monday - Friday**  
8:00am - 5:00pm

**Saturday**  
9:00am - 1:00pm

(619) 443-0654

10830 Highway 67, Lakeside, CA 92040

### A JOURNEY THRU MUSIC

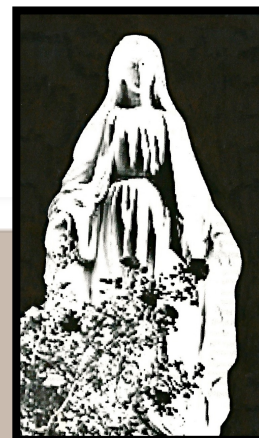
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### YOUR BUSINESS NAME HERE

For More Info Contact  
Robin at rkshull54@gmail.com or  
Mary Jo at maryjo@ourladyoflight.church



March 10, 2019

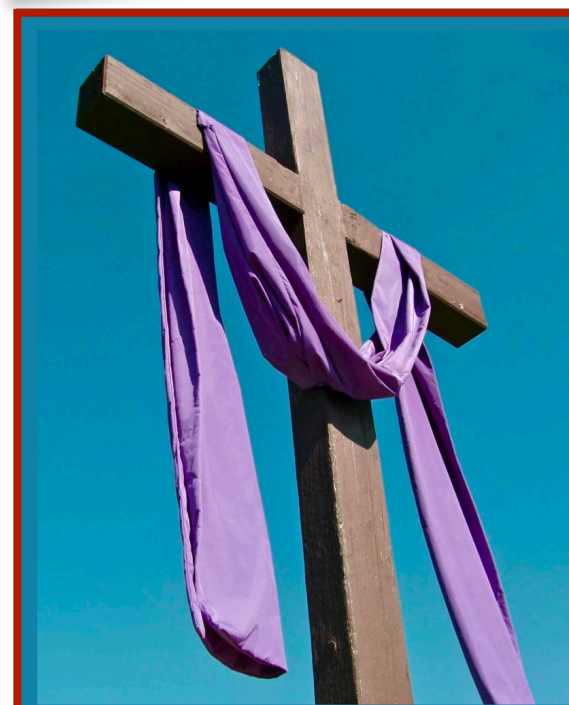
*The First Sunday  
of Lent*



## Our Lady of Light

## Catholic Church

9136 Riverside Drive  
Descanso, CA 91916  
www.ourladyoflight.church



*The Cross*  
Photo Detail  
Unknown Photographer

### Mass Schedule

#### Daily

Monday through Saturday  
8:00 AM

#### Weekend

Saturday Vigil

5:30 PM

Sunday

8:00 AM and 10:00 AM

#### Holy Days of Obligation

As Announced

### Reconciliation

#### Confessions

Saturday

4:00 PM to 5:00 PM

Wednesday

Following 8:00 AM Mass

Thursday

7:10 PM to 7:50 PM

### Benediction/Exposition

Thursday

7:00 PM to 8:00 PM

First Friday

7:00 PM to 8:00 PM

### Divine Mercy Devotion

Friday

Follows 8:00 AM Mass

### Our Lady of Fatima Devotion

First Saturday

Follows 8:00 AM Mass

### Our Lady of Perpetual Help Devotion

Tuesday

Follows 8:00 AM Mass

### Parish Office

Phone 619-445-3620

FAX 619-445-3621

E-Mail

office@ourladyoflight.church

Website

ourladyoflight.church

### Our Pastor

Reverend Steven Larion

Phone 619-445-3620

E-Mail

frsteven@ourladyoflight.church

### Baptism & Marriage

Contact Father Steven

### R.C.I.A.

Contact Father Steven

### CYM Classes

Contact Gloria White

Phone 619-672-1637

The mission of  
*Our Lady of Light Church*,  
is to provide an amicable  
environment of Catholic worship,  
education, evangelization and  
service, to all of God's people.  
Together we strive to be  
instruments of God's love,  
peace, and joy,  
following the example of  
*Our Lady of Light*.

## Please Support Our Bulletin Sponsors

There are many terrific  
opportunities within our  
family of faith, to Love,  
Grow & Serve. Please  
see our lists of Activities,  
Organizations, & Events,  
inside this bulletin!



# 40 DAYS FOR LIFE

## Spring Campaign March 6 - April 14

7 AM - 7 PM

Our Lady of Light Parish  
has adopted **Tuesdays** as  
our day to pray and stand  
in Peaceful Vigil at the local  
Planned Parenthood.

Save the Date  
March 29

The Pro-Life Film  
"UNPLANNED"

Coming to a theater near you!

Please sign-up for your hour of prayer  
on the Sign-up Sheet in the Church.

Contact Pat Hansen  
hansenpat@msn.com

## Mass Intentions for This Week

**Saturday, March 9**  
5:30 PM Parishioners & Benefactors

**Sunday, March 10** *The First Sunday of Lent*  
8:00 AM Altar & Rosary Society, VIV/RIP  
10:00 AM Glenn LaRocque, RIP

**Monday, March 11**  
8:00 AM Consolacion Asuncion, RIP

**Tuesday, March 12**  
8:00 AM Jim Esguerra, RIP

**Wednesday, March 13**  
8:00 AM Jeffrey Schoonard, Healing

**Thursday, March 14**  
8:00 AM Virginia Rado, RIP

**Friday, March 15**  
8:00 AM Virginia Rado, RIP  
12:00 PM Stations of the Cross

**Saturday, March 16**  
8:00 AM Jennifer Wright, RIP



## Upcoming Events

BE  
NOT  
AFRAID



### Lenten Women's Retreat

Saturday March 30  
8 AM to 2 PM

at Our Lady of Light Parish

Mass • Talks by Fr. Steven Larion  
Adoration and Confession  
Inspirational Music

Continental Breakfast & Lunch Provided

\$20 per person  
\$25 per person after March 23  
(Scholarships available)  
Sponsored by Our Ladies of Light

Registration Forms in the Church

Contact Lillian at 619-895-3723

## Please!

### Remember in your prayers

Beatrice & Renee Head,  
Ford, Mary Morgan, Greta,  
Garth Shull, Sharon Shrive,  
Madison Nicole & Family, and  
Cathy & Wayne Oberreuter.

### Pray for the repose of these souls

Ben Sweeney,  
Kit Bassett, Sheila Rice,  
Deacon Bob Mueller,  
Virginia Rado, Luther Rowe,  
and Norma Rountree.



## Organizations & Contact Info

**Altar & Rosary Society** Meetings; 2nd Thursday each Month, 5 PM  
Charlene Phelps [lapetiteponderosa@netzero.net](mailto:lapetiteponderosa@netzero.net) 619-659-0488

**Prayer Circle**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Catholic Youth Ministry** Classes; every Sunday during School Year, 9AM  
Gloria White [gloria@ourladyoflight.church](mailto:gloria@ourladyoflight.church) 619-672-1637

**Mountain Disciples**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597

**Our Ladies of Light**  
Cathy Williams [claimcathy@hotmail.com](mailto:claimcathy@hotmail.com) 619-955-3597  
Lillian Rodriguez [vida4u53@yahoo.com](mailto:vida4u53@yahoo.com) 619-895-3723

**The Men of Light**  
Parish Office [office@ourladyoflight.church](mailto:office@ourladyoflight.church) 619-445-3620

**Gus' Mission to Help Homeless**  
Irma Nystrom [imanystrom177@gmail.com](mailto:imanystrom177@gmail.com) 619-466-1230

**Pro-Life Ministry (40 Days for Life)**  
Pat Hansen [hansenpat@msn.com](mailto:hansenpat@msn.com) 619-445-3822

**Rachel's Hope After Abortion Healing**  
[www.rachelshope.org](http://www.rachelshope.org)

## Lent PENANCE SERVICES



**ST. KATERI TEKAKWITHA**  
TUESDAY 3/19 7 PM

**HOLY TRINITY**  
THURSDAY 3/21 7 PM

**OUR LADY OF GRACE**  
TUESDAY 3/26 7 PM

**ST. LUKE**  
THURSDAY 3/28 7 PM

**ST. MARTIN OF TOURS**  
MONDAY 4/1 7 PM

## The Latest Topics!

### Stations of the Cross

Stations of the Cross continue this Friday, March 15 at noon. Weather permitting, we will begin in the church, then walk the outdoor Way of the Cross. Dress appropriately.

### Lenten Soup Supper

Please join us each Saturday during Lent following the 5:30 PM Mass, for a simple Lenten meal of soup and bread. Various ministries will share their culinary skills providing a tasty homemade menu. Soup Kitchen donations benefit Pro-Life ministries, while providing an opportunity for fellowship!

### CYM

A little spare change can make a BIG difference! Calling all children to collect and bring in spare change for our Lenten almsgiving project, which will benefit Gus' Mission.

### Youth Mass

Our Lady Of Light will host our next Youth Mass on Saturday, March 16 at 5:30 PM. All are welcome, bring your friends! There will be no teen social due to the previously scheduled Soup Supper. Instead, if there is enough interest, we will have a family mush-ball game prior to Mass for kids of ALL AGES. Contact Gloria.

### A Prayerful Request

Please pray for our Catechumens and Candidates as they prepare to receive the Sacraments of Initiation and enter into full Communion with the Catholic Church. Let us pray that they are given strength and courage in their journey of faith; Val Davidson, Melissa Heinz, Ray Langston, and Nate Laff.

### Catholic Inquiry

Christ used a forty day period of prayer and fasting to prepare for His ministry, which culminated in His death and resurrection. During the season of Lent, we as Catholic Christians, strive to imitate our Lord in this way. How do we truly enter into prayer that sustains and deepens our faith? Join us Tuesday evening at 6:30 PM, in the Parish Hall. All are welcome.

### Our Ladies of Light

Our weekly bible studies are a great way to draw closer to God, especially during Lent. The sessions are held Wednesdays, from 9 AM to 11 AM, and Thursdays, from 6 PM to 7 PM. Contact Cathy or Lillian for more info.

### Tithe Giving Envelopes

If you still need to claim your box of envelopes, contact the office to arrange for pick up. Email: [office@ourladyoflight.church](mailto:office@ourladyoflight.church), or call 619-445-3620.

## Mary's Corner

"God knew that we needed  
a very special Mother,  
so He decided  
to become a man  
and have His own Mother,  
so He could give her to us."

St. Louis de Montfort



Community News

Feeding San Diego Mobile Pantry

Locations and Days:  
**Descanso Town Hall**  
at approximately 9 - 10 AM  
1st and 3rd Thursday of the month.  
**Guatay Christian Fellowship**  
at approximately 9 - 10 AM  
2nd and 4th Thursday of the month.  
Anyone can receive food items from this Mobile Pantry.  
For more info, call  
**858-452-3663**

**Pancake Breakfast at the Descanso Town Hall**  
Cooked to order eggs with sausage and all the pancakes you can eat, on the 2nd Sunday of the month from 8:30 to 11:30 AM.  
**Adults \$6.50, Children \$4.50**

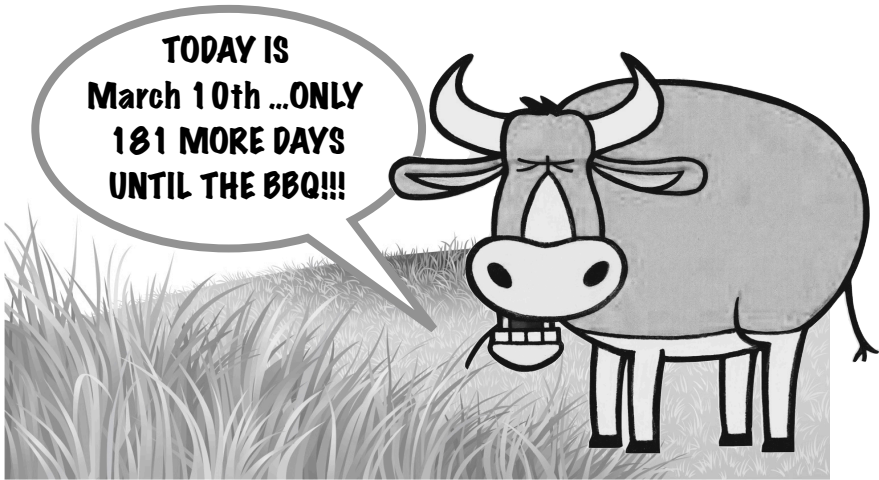
Descanso Water District Important Notice

Our water system recently violated a drinking water standard. Although this is not an emergency, as our customers, you have a right to know what you should do, what happened, and what we are doing to correct this situation.  
  
More detailed information is posted with the bulletin in our Parish Hall.



Upcoming Youth Events

**High School Youth**  
Two upcoming events for 9th - 12th grade youth. Please contact Gloria if you are interested in attending either or both. There are discounts for early registration and we will arrange for chaperones, and fund-raisers if needed.  
  
**Youth Day... "Peace, Be Still, Just Chill"**  
Participate in this year's event at Mater Dei Catholic High School on Saturday April 27. Dynamic youth leaders, several workshops to choose from, music by Emmaus Blvd. \$30, not including food. Contact Gloria White for more info at gloria@ourladyoflight.church or 619-672-1637.  
  
**Steubenville San Diego... "Belong"**  
The University of San Diego will be the venue on July 26 - 28. A powerful weekend of praise and worship, Adoration, dynamic liturgies and great speakers/workshops. \$220, including meals. More information on their website: steubenvilleconferences.com/events/sd/.



Upcoming Diocesan Events

**Learning About The Priesthood.**  
On Saturday, March 30, 2019 the Diocese of San Diego is hosting an Explorer Day for those men who are interested in exploring a possible vocation to the priesthood. The day will be held at St. Francis Center on the campus of the University of San Diego from 8:30 AM to 3:30 PM. If living a life of service for Christ and the people of God is attractive to you, take advantage of the opportunity to attend this upcoming Explorer Day. Pick up an application at your parish office or call Fr. Lauro Minimo at St. Francis Center at (619) 291-7446.  
  
**Marriage Enrichment**  
Celebrate your sweetheart and give your marriage a Worldwide Marriage Encounter Weekend. Marriage Encounter takes the love you have for your spouse and helps you to build, expand, and deepen that relationship. Sign up for the upcoming March 22 -24 weekend at the Courtyard Marriott in Rancho Bernardo. Food and lodging are provided. There is a \$75 fee and a voluntary donation requested at the end of the weekend. For many couples "Their Weekend" is one of the most significant experiences of their marriages. Sign up today at [www.wwme-sandiego.org](http://www.wwme-sandiego.org).

2019 February/March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24† 7th Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	25 8 AM Mass	26 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	27 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Bible Study 11 AM Ladies of Light/Business Meeting	28 8 AM Mass 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	1 FIRST FRIDAY 8 AM Mass After 8 AM Mass Divine Mercy Devotion 7 PM Benediction Exposition	2 FIRST SATURDAY 8 AM Mass After 8 AM Mass Our Lady of Fatima Devotion 4 - 5 PM Confessions 5:30 Vigil Mass
3 † 8th Sunday in Ordinary Time 8 AM Mass 9 AM CYM 10 AM Mass	4 8 AM Mass 6 PM PRO-LIFE VIDEO	5 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	6 † ASH WEDNESDAY 8 AM Mass/Ashes After 8 AM Mass Confessions 7 PM Mass/Ashes	7 8 AM Mass 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	8 8 AM Mass 12:00 Noon Stations of the Cross	9 8 AM Mass 4 - 5 PM Confessions 5:30 Vigil Mass After 5:30 Mass LENTEN SOUP SUPPER
10† 1st Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	11 8 AM Mass	12 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	13 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Coffee Connect	14 8 AM Mass 5 PM A & R Society Meeting 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	15 8 AM Mass 12:00 Noon Stations of the Cross	16 8 AM Mass 2 PM Mush-ball 4 - 5 PM Confessions 5:30 Youth Mass After 5:30 Mass LENTEN SOUP SUPPER
17† 2nd Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	18 8 AM Mass	19 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	20 8 AM Mass After 8 AM Mass Confessions 9 AM Ladies of Light Bible Study	21 8 AM Mass 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	22 8 AM Mass 12:00 Noon Stations of the Cross	23 8 AM Mass 4 - 5 PM Confessions 5:30 Vigil Mass After 5:30 Mass LENTEN SOUP SUPPER
24† 3rd Sunday of Lent 8 AM Mass 9 AM CYM 10 AM Mass	25 8 AM Mass	26 8 AM Mass After 8 AM Mass Our Lady of Perpetual Help Devotion 6:30 PM RCIA	27 8 AM Mass After 8 AM Mass Confessions	28 8 AM Mass 6 PM Ladies of Light Bible Study 7 PM Benediction Exposition 7:10 - 7:50 PM Confessions	29 8 AM Mass 12:00 Noon Stations of the Cross	30 8 AM Mass 8 AM - 2 PM WOMEN'S RETREAT 4 - 5 PM Confessions 5:30 Vigil Mass After 5:30 Mass LENTEN SOUP SUPPER